

## VSACT August 17<sup>th</sup> 2022 Meeting

### Guest Presenters

#### Joan Vanicek

- Mindfulness means purposefully paying attention to the present moment. It can help Veterans and their loved ones see things as they really are by observing but not judging their experiences.
- Mindfulness, and other self-care practices, can be accessed anywhere and anytime. On-demand and ready when you are, [VA's #LiveWholehealth self-care series](#) delivers many virtual whole health resources. <https://www.youtube.com/watch?v=JbGe9BpniJo&t=6>

### Information for attendees

Ken Buchanan SCSEP (Senior Community Service Employment Program), a Dept. of Labor Training Grant Program [kbuchanan@aarp.org](mailto:kbuchanan@aarp.org) 254-730-4190

**AARP Foundation**  
For a future without senior poverty.

---

**SCSEP** Senior Community Service Employment Program

---

**NEED EXTRA STAFF TO EXPAND SERVICES**  
**AT NO COST OR RISK TO YOUR ORGANIZATION?**

**WE CAN HELP!**

SCSEP is a work training program for eligible job seekers age 55 and older. We help our Participants gain current skills and additional work experience so they can successfully complete in the job market.

Host Agencies provide on-site training and supervision while our Participants contribute their skills and experience.

**HOST AGENCY ELIGIBILITY REQUIREMENTS:**

1. 501c3, OR
2. Public / Government Agency

**FOR MORE INFORMATION PLEASE CONTACT:**

**AARP FOUNDATION SCSEP**

**254-730-4190**

AARP Foundation's SCSEP program (2016-17-2021) is funded with \$77,808,096 million in grants with U.S. Department of Labor funds. This funding provides 90% of the support for SCSEP, with AARP Foundation matching 10% (\$7,780,809.6 million). AARP Foundation operates in 10 states and Puerto Rico.

#### Kimberly M. Kinerd

The Federal Women's Employment Program in collaboration with The Equal Employment Opportunity Diversity Committee, invites you to join this

Year's Women's Equality Day Celebration.

This virtual celebration will be held on August 18, 2022, and will take place and will take place via Microsoft Teams from 11:30 a.m. to 12:15 p.m.

This Celebration will include welcome remarks from Executive Leadership; Mrs. Kalpana Mehta, Deputy Executive Director, Invocation and Benediction will be delivered by Reverend. Dr. Oledia Bell,

and the guest speaker will be Dr. Ann Baylor, MD, Women's Health Medical Director.

---

Microsoft Teams meeting

**Join on your computer or mobile app**

[Click here to join the meeting](#)

**Or call in (audio only)**

+1 469-551-3381,,831962452# United States, Dallas

Phone Conference ID: 831 962 452#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#) heart 1 Join conversation



**OPEN CALL FOR VETERAN ARTISTS & CRAFTERS**  
Register today and be part of Creative Heroes, a veteran arts & crafts exhibit  
taking place on October 15th at VFW #1820 (Temple, TX)



 **Help Heal Veterans**  
Therapeutic Craft Kits

**AVA**<sup>austin veteran arts</sup>**FEST**  
**TEMPLE, TX 2022**

Project must have been completed between 2020 and 2022 by the veteran or service member  
**REGISTRATION DEADLINE: SEPTEMBER 15TH 2022 AT 11:59 PM CST**  
Questions and registration, email [artshow@healvets.org](mailto:artshow@healvets.org)

Trish Alger Help Heal Veterans [artshow@healvets.org](mailto:artshow@healvets.org)

# CREATIVE HEROES

## VETERAN ARTS & CRAFTS EXHIBIT



Help Heal Veterans  
Therapeutic Craft Kits



*Promoting Veteran's  
Mental Wellness*

*Through Community,  
Arts & Crafts*

**KICK OFF**

**AVA FEST  
TEMPLE  
2022**



**5 Hills Jeeps Parade starting at 10:30 am**

VFW POST #1820 (3302 AIRPORT RD. TEMPLE, TX 76504)

**Veteran Arts & Crafts Exhibit**

**Oct 15 from 11am to 4pm**

**ARTSHOW@HEALVETS.ORG**

Open to Active Duty  
Service Members, Retirees,  
and Military Spouses

2022

Be Your  
Own

Boss

SEP  
26-29

8:30 am - 1:30 pm



Want to start your own business?

▶▶▶ Take the first step & attend this 4-day  
beginner business start-up workshop!

▶▶▶▶ There will be three scholarships  
awarded to receive business coaching, which  
will be awarded at the **Shark Tank!**

Space is limited!

Registration deadline is September 23  
To register: 254-287-8828 or  
Usarmy.hood.jmcom-fmwrc.list.ACS-ERB@mail.mil


Central Texas College—Fort Hood  
Building 3200, Room 217

**Hood.ArmyMWR.com**

Individuals who require assistance or accommodations  
due to a disability, contact the ACS  
Employment Readiness Program at 254-287-8828







## NAVIGATING USAJOBS AND THE FEDERAL RESUME




Join us as we discuss how to navigate USAJOBS and build a Federal Resume.

**Location:**  
Workforce Solutions of Central Texas  
300 Cheyenne, Killeen, TX

Classes will be offered the 3rd Wednesday of every month from 1000 - 1130

July 20, 2022	October 19, 2022
August 17, 2022	November 16, 2022
September 21, 2022	December 21, 2022

For more info, give us a call

 **254-288-2089**

### Contact Information for Organizations

- Michelle Aguayo, fort hood behavioral health, [cafbhs.outreach@yahoo.com](mailto:cafbhs.outreach@yahoo.com). 254-553-1060
- Greg Gutierrez Bring Everyone In The Zone Military Veteran Peer Network 2548135834  
[beitz.mvpn2@gmail.com](mailto:beitz.mvpn2@gmail.com)
- Carmen from Families in Crisis. We can be reached at 254-634-1184- We work with the
- Veteran's program. Rhoda Hacker, Relationship Health & Safety Coordinator, CTVHCS 254-400-6239

- [Catherine.duttine@pchas.org](mailto:Catherine.duttine@pchas.org) contact for youth mentoring (Temple/Belton), Child and Family Specialist- Providing free family support services (bell county) Parenting, case management, counseling. - Cat Duttine, LMSW
- Kametra Marzette 254.213.7847 [kamarzette@endeavors.org](mailto:kamarzette@endeavors.org) Steven A. Cohen Military Family Clinic
- Keeyawnia C. Hawkins KC Hawkins Bell County Veteran Service office 254-618-1264
- Paul Bilunas Heart of Texas Goodwill, 254-492-8377, [pbilunas@hotgoodwill.org](mailto:pbilunas@hotgoodwill.org), Operation Good Jobs
- Denise Finger, Rock Springs Hospital, Military Liaison- 737-215-0621, [Denisefinger@spsph.com](mailto:Denisefinger@spsph.com)